

# TOP 10 HABITS OF EFFECTIVE BUSINESS COACHES

## 1 Schedule

Organise your daily activities and make sure you set time aside for professional as well as personal work



## 2 Personal Goals

Create short-term goals and set a time frame to finish them

## 3 Establish Trust

To establish trust between you and coachee, take micro-steps such as showing up on time and listening attentively



## 4 Be Patient

Be patient and work towards getting the right results, even if it takes longer

## 5 Be Courageous & Curious

Don't fear asking tough questions to help the coachee introspect and find answers within



## 6 Return to Goals

Regularly bring the client's attention back on achieving their set goals and help them have a goal-focused mindset

## 7 Independence

Instil confidence in your coachee so they can gauge their issues and be confident to take constructive steps



## 8 Positivity

Be supportive and encourage your coachee to approach tough situations and not give up and move in a positive direction

## 9 Goodbye Ego

Always make sure that you're treating your coachee as an equal and not someone you're better than and giving advice to



## 10 Personal Development

Make sure you regularly take time out to strengthen your skills as a coach by reading books, taking courses and attending seminars

### REFERENCE

<https://simply.coach/blog/the-top-10-habits-of-effective-business-coaches/>